



ATLAS HEADREST

WE HOLD YOUR HEAD UP



Please contact us with any questions at: orders@atlasheadrest.com

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Remove arm assembly from the box and locate it on the center of the chair back. Slide left or right to adjust to center.



Scan for installation video

Locate the allen wrench in the hardware bag, attached to these instructions. Using your fingers, lightly tighten the screw and steel clamp plate against the back of the chair.



Check that the headrest is fixed in the center of the chair. Holding the long end of the allen wrench, tighten screw firmly.



To assemble the headrest to the arm mechanism, find the three screws in the hardware bag. Position the headrest onto the arm mechanism, taking care to align the arrow into the opening. Arrow must be pointing up.



Using your fingers, lightly tighten a screw into each of the left and right holes of the headrest. Next, holding the long end of the allen wrench, tighten screws firmly to the metal bracket.



Use the third screw to attach the back cover to the center hole.



Before using your Atlas Headrest, test the holding resistance by moving the headrest through its full range of motion.



To increase holding resistance turn the knobs clockwise. For less resistance, turn the knobs counterclockwise. We recommend a setting that holds your position firmly in normal use but allows the headrest to be moved to new positions without touching the knobs.

